PenTeleData

THE NetworkGuy

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Looking for a Career? We Want YOU!

PenTeleData provides fiber solutions to the largest hospitals, banks and universities in the region. Our communities rely on us. Still, it's no secret that it takes a great team to run our network and we need more of something else: smart people, problem solvers, detail-oriented minds, friendly faces, and all-around awesome humans!

If you're interested in a career with full benefits, including medical, vision and dental coverage; paid time off; pension and 401K (YES, we still offer a pension); paid training, life insurance, employee discounts, tuition reimbursement, and opportunities to grow with an established tech company, learn more and apply at <u>www.ptd.net/careers</u>.

Equal Opportunity Employer

The Network Guy Quiz Challenge

PenTeleData is giving one lucky winner a \$150 Amazon Gift Card. Just visit <u>www.ptd.net/quiz-challenge</u> by December 31, 2022 to answer the contest question. We will select a winner at random from all correct entries. Good Luck!

Click the Quiz Challenge link and choose which option is good advice for anyone using a connected device.

Learn from The Network Guy

My pre-teen is getting a new tablet for Christmas. What steps can we take to help to encourage online safety?

The Network Guy:

That's a great question! You are right to be concerned, but a few basic steps can make a big difference.

- 1. Be cautious about sharing too much information or posting pictures, videos, or words that can damage a reputation or hurt someone's feelings.
- 2. Use privacy settings to restrict who can access and post on your child's profile. Set high privacy preferences on your kids' IM and video calling accounts.
- Ask your kids who they're in touch with online. Limit your children's online "friends" to people they know.
- 4. Encourage your kids to trust their gut if they have suspicions and tell you if they feel threatened by someone or uncomfortable because of something online.
- 5. Help your kids understand what information should stay private.
- 6. Downloading may give the apps' developers access to personal info that's not even related to the purpose of the app. The developers may share the information they collect with marketers or other companies. Check the privacy policy and privacy settings to see what information the app can access.
- Use strong passwords and change them often. Multi-factor authentication also adds an extra level of security.

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Apps for Organizing Life

The New Year is almost here. Are you planning to make any resolutions or just looking to make your life more organized or easier? Whether you want to be more productive at home or work, better manage your schedule, track your food and workouts, or all of these, here are a few popular apps that may help:

Todoist -managing to-do lists

IFTT (If This Then That) - automating tasks

Evernote – taking and organizing notes

Toggl – time-tracking

Due - setting reminders

Freedom - block distractions

Serene - distraction blocking with a to-do list

My Fitness Pal – tracking calories and fitness activities

Headspace – meditation, sleep sounds, relaxing playlists and more

Glo – Yoga

The 7-Minute Workout - quick workouts

Daily Workout Fitness Trainer – exercise videos and 5 to 30-minute workouts

Honeydue - for budgeting with a partner

PocketGuard - a simplified budgeting snapshot

Mint – budgeting app for the everyday consumer with customizable budgets and charts

Out of Milk – scan barcodes from your pantry or refrigerator to create a shopping list

Flipp – create grocery lists with the added benefit of a coupon finder

Network**Guy**

"Just because someone stumbles and loses their way, doesn't mean they're lost forever." – Charles Xavier, Doctor Strange in the Multiverse of Madness



PenTeleData is Proud to Serve Nazareth, PA

Nazareth is a community rich in history and heritage. It is a blend of communities including the townships of Bushkill, Lower Nazareth, Upper Nazareth, and the boroughs of Nazareth, Stockertown and Tatamy.

The area's history began in the late spring of 1740, when a weary groups of Moravian missionaries from Georgia arrived in Pennsylvania as "working guests" of Methodist evangelist George White-field. The missionaries had experienced great hostility form their neighbors and government officials in Georgia. Whitefield hired them to construct a school on land he owned in Nazareth, where he intended to educate orphan children of slaves, but the relationship was short-lived. A serious argument over religious doctrine caused the Moravians to leave Nazareth and establish in the nearby town of Bethlehem. Ironically, when Whitefield fell on hard times, the prosperous Moravians bought Nazareth from him. The original structure there, still called Whitefield House, served their community through the centuries as a place of worship, a boarding school for Moravian girls, a nursery for the children of missionaries, and as the Moravian Theological Seminary. Today, Whitefield's three-and-a-half story limestone building houses the Moravian Historical Society.

Nazareth and Bethlehem had much in common. Both communities operated under a communal economic system that made it economically possible for many Moravians to engage in educational and missionary efforts. Efficient organizers, the Moravians coordinated Bethlehem and its surrounding regions, including Nazareth, into a large unit called the Oeconomy. Craftsmen in Bethlehem supplied the communities with blacksmith services, a tannery, and other related necessities. Nazareth became the "breadbasket," as its farms proved more fruitful than Bethlehem's.

In the 1960's, at least three large cement companies surrounded the Nazareth borough area, Essroc (formally Coplay Cement), Hercules Cement, and Penn-Dixie Cement Companies.

During a great immigration to the eastern Pennsylvania counties in the late 1900's from New Jersey and New York, the population in Nazareth expanded significantly. Developers from the New Jersey area were responding to tighter controls and regulations on new construction in the state of New Jersey by moving their enterprises to Pennsylvania. This new expansion and housing boom was enabled by the local completion of the interstate system of highways, first begun by former U.S. President Dwight Eisenhower in the 1950's. In the Nazareth area, this was caused by the completion of the nearby Pennsylvania Route 33, which ran north and south, thereby connecting Interstate 78, U.S Route 22, and Interstate 80 (all of which ran east-west), and the completion of the Interstate 78 southern Lehigh Valley corridor high speed interstate, which connected the Lehigh Valley to New Jersey and New York to the east, and Harrisburg and Pittsburgh to the west.

The Nazareth Historic District was added to the National Register of Historic Places in 1988.

Nazareth is the home of Martin Guitar Company and the hometown of the world-famous Andretti racing family. There is plenty to offer: professional offices, retail shops, agriculture, and industries producing textiles, chemicals, and cement demonstrate an active economic climate.

(Sources: <u>https://www.nazarethpanow.com</u> and <u>http://www.nazarethboroughpa.com/geninfo_history.html</u>)

